

**“I’m looking for a doctor that fits my needs.”**

Find a health care provider at [Wellmark.com](http://Wellmark.com)

#### FIND A DOCTOR ON THE GO!

Wellmark’s mobile app will help you get the care you need, when you need it. The Wellmark mobile app helps you find the nearest doctor or hospital within the Wellmark Blue Cross and Blue Shield network.

#### Download the free app today.

Learn more about the app.



Scan this tag with your smart phone to learn more or download the Wellmark app. Or visit [Wellmark.com/GoMobile](http://Wellmark.com/GoMobile).

## Maximize your benefits by selecting health care providers and facilities in your health plan network.

**Who doesn’t enjoy saving time and money? By using the Find a Doctor or Hospital online provider directory, you typically pay less out-of-pocket, and claims are automatically filed for you.**

#### TO FIND A DOCTOR OR HOSPITAL WITHIN YOUR HEALTH PLAN NETWORK:

- 1 Log in to **myWellmark** on [Wellmark.com](http://Wellmark.com) (or register if it’s your first time visiting the site).
- 2 Once in **myWellmark**, go to **Find a Doctor or Hospital** and select a directory based on where you are looking for a provider:
  - For **Iowa and South Dakota (including bordering counties) providers** you will be asked to select a network, which can be found on the front of your Wellmark identification (ID) card.
  - For **national providers (outside Iowa and South Dakota)**, you will be asked to enter the first three letters of the identification number, which can be found on the front of your Wellmark ID card. Entering this information will provide you more specific results.
- 3 Follow the easy directions to search by name of health provider, facility and location. You can also further define your search.

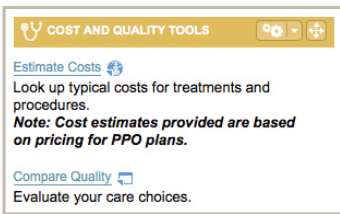


## Make informed health care decisions

Are you preparing for an upcoming procedure and want to understand your out-of-pocket costs?

Do you want to compare provider or facility quality?

Get answers to your questions with the “Cost and Quality Tools” widget on myWellmark.





The **COST AND QUALITY TOOLS** widget provides you with a range of total medical cost estimates for more than 100 of the most common medical treatments and conditions.

You can choose a treatment category, select a ZIP code and find facilities that offer the selected treatment, along with estimated cost ranges. The cost estimates are listed as a range, such as \$1,500 – \$2,100, and display costs that are typically a standard part of a procedure or treatment.

### MORE FEATURES

The Cost and Quality widget also links to tools you can use to research quality providers and facilities:

 **COLLABORATION ON QUALITY®.** This initiative recognizes and rewards physicians who provide care that meets or exceeds national guidelines. More than 1,800 primary care providers in Iowa and South Dakota participate. Look for the Collaboration on Quality (CoQ) logo by your physician’s name in the **Find a Doctor or Hospital online provider directory.**

 **BLUE DISTINCTION®.** Certain conditions require special equipment and providers with extensive experience. Blue Distinction is a designation awarded by Wellmark Blue Cross and Blue Shield to high-performing medical facilities in certain areas, including bariatric surgery, cardiac care, complex and rare cancers, knee and hip replacement, spine surgery and transplants.

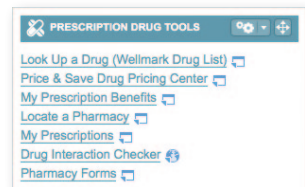
### WHAT’S A WIDGET?

- › Widgets are sections you choose to set up on your home page, such as “My Claims Summary” or “Prescription Drug Tools.”
- › They come in different forms and let you quickly access activities and information from across Wellmark.com.

### FIND A DOCTOR OR HOSPITAL



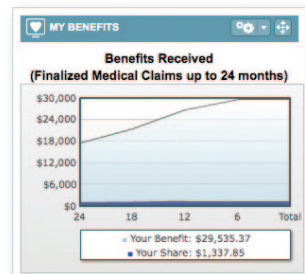
### PRESCRIPTION DRUG TOOLS



### MY CLAIMS SUMMARY

Patient Name	Service Date	Provider	Status	Details
Sadie	02/03/12	Secory Center	Pended	Not yet available
Sadie	12/19/11	The Pharmacy	Paid	Details
Sadie	12/19/11	Medical Center Amp	Paid	Details
Sue	12/01/11	Iowa	Paid	Details

### MY BENEFITS



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