

Virtual TATU Schedule 2021

Free

Developed jointly by the American Cancer Society, American Heart Association and American Lung Association, TATU is a tobacco prevention program designed to help teens teach younger children about the hazards of tobacco use and the benefits of making healthy choices. Recent focus groups have shown that teens don't want to talk to their peers about tobacco. However, they are eager to talk to younger kids about tobacco issues. They like the idea of being an authority and discouraging tobacco use among younger children. TATU trained teens provide tobacco prevention education lessons to 4th through 6th grade students. TATU incorporates these findings by enlisting teens to help young children remain tobacco free.

HOW DOES IT WORK? Essentially the program turns teens into consumer advocates. Because they are natural role models for younger children, TATU trained teens can reach and teach younger children in ways adults cannot. Grade school kids enthusiastically understand and accept information which teens present and learn to avoid tobacco. The participating teens, in turn, learn a lot about themselves. In fact, teens involved in TATU often say that teaching the facts about tobacco reinforces their own decision not to use tobacco.

WORKSHOP OBJECTIVES:

Participants will:

- ⊗ learn that tobacco is addictive and that good health is personal responsibility;
- ⊗ believe that tobacco is socially unacceptable and contrary to a positive self-image;
- ⊗ recognize how the tobacco industry markets its products to young people;
- ⊗ understand their vital role in shaping the attitudes of young children;
- ⊗ increase self-esteem as they gain experience and skills that will help them as adults;
- ⊗ be reinforced in their decision not to use tobacco.

TARGET AUDIENCE: Teams of 4-10 students from **grades 7-12**, plus one advisor per team, a waiting list will be created if the school would wish to have more than 10 students. The training is for **NEW** TATU students. **TATU training does not need to be repeated from year to year with same students.**

Workshop Cost: FREE Since the Department of Health is underwriting the costs of this workshop; participants can attend at no charge.

- ⊗ **Space is limited to the first 40 students per virtual online training registered.**
- ⊗ **TATU mini grants are available for qualifying schools.**

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TATU trainings will be held virtually using the platform ZOOM. Please make sure that your school districts support ZOOM before the training. Further details will be sent to you before the training.

Central Time		Mountain Time	
10/5/21	10am-2pm	10/7/21	8:30am-12pm
10/13/21	12pm-3:30pm	10/14/21	10am-2pm
10/20/21	12pm- 3:30pm	10/27/21	12pm-3:30pm
11/2/21	8:30am-12pm	11/4/21	8:30am-12pm
11/9/21	10am-2pm	11/17/21	10am-2pm

Email your COMPLETE registration to:

Ashley Heyne

E-mail: aheyne@bhssc.org

Phone: (605) 276-5104

Cancellation policy: Cancellations must be received at least 5 days prior to the event.

TATU Registration: Due 1 week before the scheduled training you plan to attend!

Advisor Information: *Fill out completely.*

Name _____

School _____

Address _____ City _____ State _____ Zip Code _____

Work # _____ Alt. # (in case of cancellation) _____

Fax _____ E-mail _____

Date: _____ Time: _____ # of Students Attending _____

Please include a student participant list with registration!